



Meetings on Nonduality with JEFF FOSTER

Author of
“Life Without A Centre:
Awakening from the Dream of Separation”
and
“Beyond Awakening:
The End of the Spiritual Search”

*Non-duality (Advaita) means "Not Two".
It points to the **Oneness** at the Heart of all things...*

Jeff Foster, a UK teacher of non-duality, clearly and without compromise points to the **spiritual freedom, liberation and enlightenment** that is always fully present, right in the midst of Life, but is apparently ignored by the seeking, suffering mind in its desperate, lifelong quest for "something more". This is not a new message: it has been pointed at throughout the ages, in all the world's major spiritual/wisdom traditions: Advaita, Sufism, Zen, Dzogchen, Gnostic Christianity...

The simple and direct message (which Jeff calls **Life Without A Centre**) is this: **there is only Oneness**. And in Oneness, the dream of separation arises, the idea that you are a "person in the world", with a heavy past and an uncertain future, and in this dream there can be great suffering. And Life Without A Centre, well, it's about **waking up** from that dream. This rare, revolutionary message points to nothing less than **absolute freedom**, right here, right now. **Welcome to the end of the spiritual search.**

Thursday, July 10 at 7-9 p.m.
Quaker House
5615 S. Woodlawn Ave.
Chicago, IL
Suggested donation: \$15

Friday, July 11 at 7-9 p.m.
Lake Side Cafe
1418 W. Howard St.
Chicago, IL
Suggested donation: \$15

Saturday, July 12, 10 a.m.
to Noon & 2 - 4 p.m.
Lake Side Cafe
1418 W. Howard St.
Chicago, IL
Suggested donation: \$75

Sunday, July 13, 11 a.m.-1 p.m. & 3-5 p.m.
1310 Marengo
Forest Park, IL 60130
Host Richard Miller 708-220-4258
Suggested donation: \$75

www.chicagosatsang.com or contact Tom Fleming 312-203-4327

Jeff Foster's website: www.lifewithoutacentre.com